

WOMEN'S EMPOWERMENT IN THE WORKPLACE

Manama - Bahrain

15 - Nov 2026 - 19 - Nov 2026

\$5,800



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Introduction

Empowering women in the workplace is a crucial factor in fostering a diverse, inclusive, and productive environment. Organizations that support gender equality benefit from enhanced innovation, improved decision-making, and higher employee satisfaction. This course, provided by Gentex Training Center, is designed to equip participants with the necessary skills, knowledge, and strategies to promote women's empowerment in professional settings. It explores key challenges, leadership development, and effective policies that contribute to an equitable workplace.

Womens Empowerment in the Workplace Course Objectives

- Understand the importance of womens empowerment in the workplace and its impact on organizational success.
- Identify barriers to gender equality and develop strategies to overcome them.
- Enhance leadership skills and confidence to support career advancement.
- Learn effective communication techniques to advocate for inclusivity.
- Recognize the role of policies and legal frameworks in promoting workplace equality.
- Develop strategies to foster a supportive and inclusive organizational culture.
- Understand best practices for mentorship, sponsorship, and professional growth opportunities.

Course Methodology

This course uses a combination of interactive discussions, real-world case studies, group exercises, and practical applications to ensure an engaging and impactful learning experience. Participants will also benefit from expert-led sessions and peer networking opportunities.



Who Should Take This Course

- Mid-level professionals looking to enhance leadership skills.
- HR professionals responsible for diversity and inclusion initiatives.
- Managers and team leaders committed to fostering workplace equality.
- Employees seeking to create an inclusive work environment.
- Entrepreneurs and business owners aiming to promote gender diversity in their organizations.

Womens Empowerment in the Workplace Course Outlines

Day 1: Understanding Womens Empowerment in the Workplace

- Defining empowerment and its significance in professional settings.
- The impact of gender diversity on business performance.
- Recognizing biases and overcoming stereotypes.
- Key challenges faced by women in different industries.
- Case studies of successful workplace empowerment initiatives.

Day 2: Developing Leadership and Confidence

- Leadership styles and their impact on career progression.
- Building self-confidence and self-advocacy skills.
- Effective decision-making and problem-solving techniques.
- Strategies for women to strengthen their leadership presence.

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- Inspiring stories of successful female leaders.

Day 3: Communication and Negotiation Skills

- The role of communication in professional growth.
- Overcoming barriers to assertive communication.
- Negotiation techniques for career advancement.
- How to handle workplace conflicts effectively.
- Practical exercises to improve public speaking and persuasion skills.

Day 4: Workplace Policies and Gender Equality

- Understanding workplace policies that promote gender equity.
- Legal frameworks supporting women's rights at work.
- Addressing unconscious bias and promoting fairness.
- HRs role in implementing diversity and inclusion programs.
- Developing strategies for long-term organizational change.

Day 5: Creating a Sustainable Culture of Empowerment

- The importance of mentorship and sponsorship.
- Creating support networks and professional alliances.
- Actionable steps for organizations to sustain gender inclusivity.
- Setting personal and professional goals for empowerment.
- Final discussions and key takeaways.



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Conclusion

By successfully completing this course, participants will gain valuable insights and practical tools to drive womens empowerment in their organizations. They will be equipped with leadership skills, strategic knowledge, and actionable techniques to foster a workplace culture that values diversity and inclusivity. Gentex Training Center is committed to helping professionals develop meaningful and impactful careers through quality training programs.

